

# PPLD Young Adult Services Tutorial:

## Bleach T-Shirts

### Description:

Create a themed t-shirt for your favorite fandom using common household supplies. This is a fun, easy, and cheap way to customize your t-shirts!

### Supplies:

Marker, pen, or pencil

Printed image to trace on the freezer paper (or you can draw your own design!)

Cardboard or poster board (empty cereal boxes unfolded will work)

Colored t-shirts (the ones in this video came from Goodwill)

Freezer paper (you can find it near the cling wrap in the grocery store)

Scissors or craft knife

Iron/ironing board

Bleach

Spray bottle

Bucket of water or a sink full of water (to wash out the bleach)

Optional: ruler, tape

### Link to Youtube tutorial:

<https://youtu.be/HyY1iwCwUYQ>

### Instructions:

1. First you need some sort of design...it could be anything! I decided to pick a Harry Potter image because I needed another Potter shirt.

2. You will need some freezer paper. Print out any design from your computer or draw your own design. Trace it onto the paper side of the freezer paper. Make sure the shiny side of the paper is facing down.



Then carefully cut out your design. If you have small pieces, putting them in a small ziplock bag as you go is an easy way to keep from losing them in the mess.



3. Iron your design onto your shirt, making sure the shiny side is facing down and the paper side is facing up. Lightly press the iron onto your design so it will stay. Check your edges: this is where it is most important that they are sticking to your shirt.



## PPLD Young Adult Services Tutorial: Harry Potter Bleach T-Shirt

### Instructions, continued:

4. Cut some cardboard (we used cereal boxes) and put it inside of your shirt so the bleach doesn't leak onto the back of the shirt.

\*Be careful not to stretch your shirt this will lift off your freezer paper

5. BLEACH TIME! Fill your water bottle with 70% bleach, 30% water, and spray away. **Wait in between spraying! It takes time for the bleach to show up, and if you soak the paper with bleach it will destroy your design.** Some shirts I sprayed really close to the shirt and others I stood back a bit. Spray as little or as much as you would like, I sprayed a little at first then went back and sprayed more.

### REMEMBER:

- You can't take off extra bleach!
- Spray and try to be patient. You can add more in areas that need more bleach.
- Certain colors (like black) will show up instantly. The pink and red shirts took close to 20 minutes. The longer they sit the more bleached out it will be.

6. When it is done bleaching, take your cardboard out, take your design off (it should peel right off), and rinse thoroughly in the bucket or sink. Wash your shirt in the washing machine to make sure all the bleach is out.'

7. Enjoy your custom t-shirt!

